

Applying LYMPHDIARAL® Cream

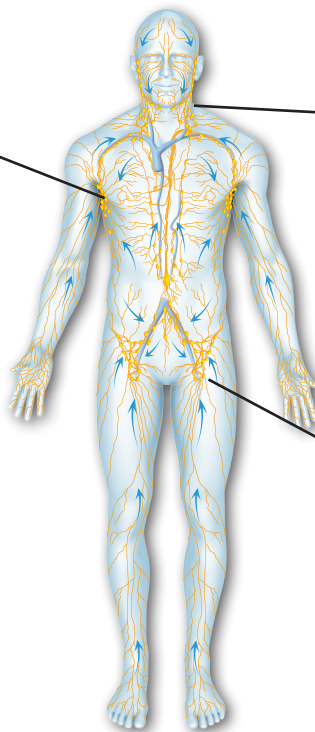
There are three important lymph node regions in our body.
Each of these regions of lymph nodes drains different areas of the body.

Axillary lymph nodes drain the arms and chest

Associated diseases include:
Lymphedema, breast pain and swelling, local injury, strains, sprains and contusions, carpal tunnel syndrome, inflammation

Cervical lymph nodes drain the head and throat

Associated diseases include:
Headache, sore throat, sinusitis, earache, tonsillitis, toothache



Inguinal lymph nodes drain the legs

Associated diseases include:
Cellulite, swollen ankles, local injury, strains, sprains and contusions, inflammation



LYMPHDIARAL® - Homeopathic remedy used to relieve symptoms of swelling and inflammation, such as pain, fever, swollen lymph nodes due to injury or recurrent conditions such as earaches, tonsillitis, and sinusitis.

Maximizing the effect of LYMPHDIARAL® Cream

1. Apply the cream sparingly one to three times daily.
2. First in regional lymph nodes that drain the area, then in the area where you are experiencing symptoms.
3. Gently massage the cream in the directions indicated on the diagram.
4. For local inflammation, pain or swelling, apply to the affected area in a gentle motion towards the nearest lymph nodes.