About PASCOE

Pascoe Canada is the Canadian subsidiary of Pascoe pharmazeutische Präparate GmbH, a family-run manufacturer of natural healthcare products headquartered in Giessen, Germany.

Pascoe Canada is dedicated to bringing our users premium natural healthcare products with over 120 years of history. Pascoe's history dates back to the pharmacy founded by Friedrich Pascoe in 1895. Pascoe the company was founded in 1918 by the pharmacist Friedrich Pascoe, who worked with a student of the famous homeopathic practitioner Samuel Hahnemann, Rev. Felke. Some of the earliest remedies still exist in the present-day Pascoe line.

In 1961, Pascoe began doing research on its products and presently continues to invest a high amount of its gross sales into research. The company is currently owned and operated by Jürgen F. Pascoe and his wife Annette D. Pascoe, the third generation of the family in the business. Pascoe is distributed in over 30 countries world-wide.





Your trusted partner during stressful times:

PASCOFLAIR®

- Better sleep
 Relieve stress
- Be more productive
 Regain confidence

Why choose PASCOFLAIR®?

- ✓ Works within 30 minutes*
- ✓ High dose per tablet
- ✓ Authorized for sale by Health Canada
- ✓ GMO-free and Gluten-free
- * Dimpfel et al. 2012 Neuroscience Med 3:130







Dosage:

Adults and children aged 13 years and older: 1 tablet 2 times a day

Available in packs of 30 or 100 tablets

For complete product information see product info insert or ask your health care practitioner.

Stam

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Get Back to Natural Sleep



PASCOFLAIR®

Sleep aid · Restlessness · Stress

Having trouble sleeping?

Sleeping problems

Having difficulties falling asleep at bedtime? Waking up frequently during the night and cannot fall asleep again? Feeling tired and grumpy throughout the day and having problems concentrating?

A 2011 study from Laval University showed that 40 percent of Canadians have some form of sleep disorder. The most common sleep disorder is insomnia caused by stress.

Stress affects everyone

Stress affects everyone: it could be work-related stress, home-related stress, social-related stress, or a combination of a number of different pressures.

The most common sleep complaints due to stress include:

- · work related running thoughts
- worries about a big event next day, such as a job interview or exam
- fear of flying
- stage fright

Five effective tips for a better sleep

- Bring a clear structure to your daily routine, and plan time for relaxation
- Get adequate outdoor activities
- Delegate responsibility
- Train yourself to relax
- Accept professional therapeutic help when it is necessary

You are not the only one!

Be stress free and sleep well

A good night's sleep is essential to a positive and productive day. Lack of sleep may lead to impaired memory, reduced levels of concentration, and low physical performance which affects your ability to perform daily tasks. Experts believe that during sleep, nerve cells in the brain have a chance to repair themselves from extensive use during the day.



A well-studied herbal for sleep

Trouble falling asleep due to:

- Running thoughts
- Exams and job interviews
- Fear of flying

Passionflower

- Works within 30 minutes to calm the brain
- Improves sleep onset due to stress
- No hangover effect



Safety data

- No known drug interactions
- No toxic effects
- No known dependency potential

PASCOFLAIR® can help!

Get back to natural sleep

Passionflower is an herbal remedy, which has been known for centuries as an excellent treatment to help with sleep distur-



bances. It helps you sleep by turning off all the running thoughts which are going through your mind at bedtime. The mind can relax, which is then followed by the body, and as a result, sleep will follow.

PASCOFLAIR®, with the highest dose of Passionflower extract on the market, naturally calms and declutters your mind, helping you fall asleep and stay sound asleep through the night.

In 2009, PASCOFLAIR® beat out thousands of other natural health products to be recognized as the Natural Medicine of the Year by an association of German pharmacists.



